

**Kristen Hood, LCSW (she/her/hers)**  
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**OBJECTIVE**

Licensed Clinical Social Worker at Therapy Quarter, LLC. I serve clients in St. Louis City and the surrounding areas providing mental health therapy to individual and couples. I primarily utilize Cognitive Behavioral Therapy, Supportive Talk Therapy, Trauma Focused Work, and Solution Focused Therapy. I make conscious efforts to incorporate aspects of art, play, writing, and movement into sessions.

**EDUCATION**

**Licenses**

- Licensed Clinical Social Worker Feb, 2024
- Licensed Master Social Worker May, 2020

**Certifications**

- TF-CBT April, 2022

**Saint Louis University, Saint Louis, MO**

- Masters of Social Work, Clinical Concentration GPA: 3.7/3.8  
May 2020
- Bachelor of Social Work, Minor in Spanish May 2019
  - Study Abroad: Saint Louis University, Madrid Spring 2018

**WORK EXPERIENCE**

**Clinical Therapist, St. Louis Counseling, Fenton, MO**

August 2024-August 2025

- Provided individual and couple therapy to ages 8 years and older
- Primary use of CBT and Supportive Talk Therapy in combination with some play and art therapy techniques
- Documentation in Insync EHR system

**SPP Clinical Therapist, Florescent & Jefferson County, MO**

August 2021-May 2024

- Managed case load of over 30 clients per week for individual sessions across multiple schools
- Presented Second Step Program to K-8<sup>th</sup> grade students
- Documented in MedTech. database

**Family & Student Mentor, Urban League, St. Louis, MO**

May 2020- June 2021

- Conducted needs assessments and provided emergency case management, food drop offs, utility application assistance etc.
- Collected and analyzed data to inform new attendance strategies to combat school truancy
- Participated in interdisciplinary CARE team meetings to coordinate school events and increase parent involvement

**Family & Student Mentor- Intern, Grace Hill Settlement House, St. Louis, MO**

August 2019- May 2020

- Facilitated social emotional learning small groups for K-5<sup>th</sup> grade
- Documented each interaction using ETO database

**Victim Advocate- Intern, Crime Victim Center, St. Louis, MO**

August 2018- May 2019

- Assisted victims in filing for Missouri Victims' Compensation
- Provided over the phone crisis intervention and referral
- Recorded each call using Apricot database